



Tackling Gambling Stigma

Taking part in an interview

Creating Change

Evidence shows that a critical mass of voices from lived experience brings about change.



We are tackling stigma and discrimination by using research to bring together powerful stories from a wide range of people affected by gambling harm.

The Project



Tackling Gambling Stigma is an independent, not-for-profit initiative. We have created a website to help others understand gambling harm through reading, listening and watching real people sharing their own real-life experiences.

Who you are

We are inviting people to share their experiences of having difficulties due to gambling. This could be from their own or someone else's gambling. We are interested in people of all backgrounds and difficulties of any kind or size linked to gambling. No matter what your story is, where you are from, or what the gambling harm has been, you are the person we want to talk to.

What will I be asked to do?

Take part in an interview, just you and a researcher, online, by phone or in person, when it suits you. It's informal - like a chat. It is up to you what information you share.



We will share your interview recording and transcription with you. You specify: - what parts can be used in public - under your name or pseudonym - only text or also video or audio.

You can choose to stay entirely anonymous throughout

What will happen with the information I share?

You are in complete control of what happens to your information and we will only ever use it in the ways you have specified. With your permission, we will use short quotes or video extracts from your interview, alongside those from other people on our website.



How can I take part?

If you would like to take part or if you have any questions about the project, please email contact@tacklingstigma.com, WhatsApp or text **07368848836**, or visit our website www.tacklinggamblingstigma.com

